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## Whole School



**INSET DAY FRIDAY 1<sup>ST</sup> MAY 2026 AND BANK HOLIDAY MONDAY 4<sup>TH</sup> MAY 2026**



### FOSPS News

#### Coin Wars 15th - 24th April

Coin Wars are back! From 15th-24th April we will be running the coin wars fundraiser at school.

How it works - each class has a jar which they have to fill it with as many copper coins as possible. However, there will also be chances for the children to sabotage another class by placing silver coins in their jar! All the children in the winning class will receive a prize, and be crowned the Coin Wars Champions!

#### Happy's Circus - Saturday 9th May: Tickets now available on the FOSPS website

Roll up, roll up, Happy's Circus is coming to Swanmore!

That's right, we're excited to welcome the circus back to Swanmore Primary School! With international artists and a whole host of tricks this event will be fun for all of the family. For those that have been to a Happy's Circus before please note this will be a BRAND-NEW show!

School gates will open at 2.30pm, please see outline timings below:

- Big top opens at 3.00pm
- Show starts at 3.30pm
- Interval at 4.15pm
- Second half of the show starts at 4.45pm
- Show finishes at 5.30pm

We would love some volunteers to help with the ticket checks and refreshments for this event, please sign up on the website too.

<https://www.pta-events.com/swanmoreprimary/>

Please note everyone is welcome, so please bring friends and family, and spread the word!

#### Save the date!

We have a few more exciting events being planned so please save the date for:

- Inset Day - Monday 22nd June: FOSPS are hoping to arrange discounted tickets to Legoland or similar - TBC
- Summer Fair - Friday 10th July
- YES Day - Friday 17th July

All details to follow..

Many thanks as always for all your support!



## Thought for the Week

At Swanmore Primary school the children explore their spirituality through a 'thought for the week'. The children are invited to use their deeper thinking to look at themselves, each other, and the wider world.

We also have a library of thought for the weeks through the year which will show you the type of activities the children have been doing in class. Please follow this bread crumb trail on the school website to discover more:

Home - Our school - Worship - and then pick the 'Thought for the week' tab and which term you'd like to look at.

Please take a look at the 3 folders as you will be able to see how the children explored the thought for the week in a particular term. We hope you enjoy looking at how the children explore their spirituality each week!

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**Under the Lord's wings you shall take refuge; His faithfulness is a buckler and shield. You shall not fear the terror of the night, nor the arrow that flies by day.**



## All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

### Sports Day

The date for Sports Day has changed and it will now be on Friday 12<sup>th</sup> June 2026, a week earlier than previously stated. We know this is a popular day with families so wanted to provide you with as much notice as possible.

### Morning Spanish Club!

Morning Spanish club will be offered this summer term please see the flyer for further details and book your child in early to save disappointment.

### Reminder for Parents

Please can we remind you that parents should not use the staff car park at any time during the day to drop off or collect children. The pavement outside the school should also not be used for parking. These measures are in place to ensure the safety of all children, families, and staff. Thank you for helping us keep our school community safe.

### Volunteers to listen to children Read

Dear Parents, we have some children throughout the school who are below their peers in their reading ability. Regular support to develop fluency and the opportunity to talk about the books they are reading will have a huge impact on their progress and, as a result their life chances. Reading is a key life skill and one which we are determined to impart to all our children however we need help to achieve this. We are looking for volunteers (parents, grandparents, neighbours) to help give children extra support with daily practice reading out loud. Generally, afternoons are preferable (any time from 1.15pm), although we can accommodate mornings. If you are able to commit to a regular time this would be a great help in order for the children to build a relationship with you and enable you to see the progress they are able to make over a period of time. Whilst a couple of hours of support weekly would be great, we are also looking for a team of people who can change their 3.30pm pick up routine and come to school at 3pm and give us a regular half an hour slot.

If you are able to help us, we would be extremely grateful. We have a booklet to help volunteers with how to support the children's reading. However, I am more than happy to answer any questions volunteers may have about the process.

An enhanced DBS check will need to be completed before people can help in school but our office team can help you with this process. Please ring the school on 01489 894555, email [adminoffice@swanmore-pri.hants.sch.uk](mailto:adminoffice@swanmore-pri.hants.sch.uk) or call in at the office if you are interested in volunteering.

Many thanks

Mrs J Hughes

Early Reading & Phonics Lead

## **Lunchtime Supervisor Opportunities**

We currently have vacancies for Lunchtime Supervisory Assistants. Ideally, we are looking for people who can work five days a week but we will also consider even one or two days per week. This is rewarding and interesting role which fits in well with family life as you do not have to work on inset days or during the holidays. The rate of pay is £12.56 per hour. If you'd like further information, please email the office team at [adminoffice@swanmore-pri.hants.sch.uk](mailto:adminoffice@swanmore-pri.hants.sch.uk) or pop in to speak to a member of the team.

## **Pop Up Food Bank**

It's back! We're running our Pop-Up Food Bank this year in support of the Meon Valley Foodbank. If you are able to please bring along any donations to the playground before the start of the day and we will load them on to the mini bus and take it over to the Meon Valley Food bank for local families.

In December, perhaps a Christmas 'treat' might be there to help with the festivities even! Thank you in advance!

## **Pop Up Food Bank Dates**

~~5<sup>th</sup> Dec~~ ~~12<sup>th</sup> Dec~~ ~~16<sup>th</sup> Jan~~ ~~13<sup>th</sup> Feb~~ ~~20<sup>th</sup> March~~ 17<sup>th</sup> April 22<sup>nd</sup> May 19<sup>th</sup> June

## Reception

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

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## Year 1

Y1W Assembly Friday 24<sup>th</sup> April 3pm Parents welcome

Y1 phonics meeting with parents on Friday 8<sup>th</sup> May at 3pm

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

## Year 2

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

[Top](#)

## Year 3

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

## Year 4

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

## Year 5

### **Year 5 Swanage Residential Reminder**

With just over three weeks to go until our Year 5 residential, we would like to remind parents/carers that all medical forms, [consent forms](#), and [meal choices](#) need to be completed and returned as soon as possible.

Please also ensure that final payments are made by **Friday 8th May**.

If you have any questions or need support with any of the above, please do not hesitate to contact the school office.

Thank you for your continued support—we are very much looking forward to the trip!

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

## Year 6

Y6 MOCK SATS Week - Monday 20<sup>th</sup> April – Thursday 23<sup>rd</sup> April

All Years Class Photographs – Wednesday 20<sup>th</sup> May 2026

# HAPPY'S CIRCUS

FOSPS presents a Fundraising Circus Show!

★ Saturday 9th May ★

Gates open 2.30pm • Show starts 3.30pm

**NEW SHOW FOR 2026**

Ticket sales open to the wider community  
as well as Swanmore pupils



**TICKETS £12 AVAILABLE FROM**  
[www.pta-events.co.uk/swanmoreprimary](http://www.pta-events.co.uk/swanmoreprimary)

SWANMORE WIND BAND

PRESENTS

MUSIC

FROM THE

MOVIES

£5 PER TICKET

HOMEMADE REFRESHMENTS AVAILABLE

WALTHAM CHASE METHODIST CHURCH 3PM 26TH APRIL 2026

IN SUPPORT OF THE HAMPSHIRE & IOW AIR AMBULANCE

[WWW.TICKETSOURCE.CO.UK/SWANMORE-WIND-BAND](http://WWW.TICKETSOURCE.CO.UK/SWANMORE-WIND-BAND)



# ONLINE PARENT WORKSHOPS



**CARE: Coping and Resilience in Education - Friday 24th April (09:30 - 10:30)**

A workshop to help you support your child in understanding and expressing their emotions. It introduces simple, practical strategies to build resilience and manage feelings such as anxiety, sadness, and anger, while helping children feel confident in asking for help when they need it.



**Understanding & Managing Your Child's Anxiety - Wednesday 20th May (09:30 - 10:30)**

This workshop offers helpful approaches and strategies for supporting emotional regulation, building routines, and strengthening parent-child communication when children present with challenging behaviours.



**Managing Behaviour - Wednesday 6th May (09:30 - 10:30)**

This workshop explores what anxiety is, what keeps it going, and offers practical tools and approaches you can use at home. It provides clear, helpful strategies to build your child's confidence and support them in managing anxious feelings.

We are the Winchester Mental Health Support Team (MHST), and we work closely with children, parents, and school staff to support emotional wellbeing across our partner schools. Alongside offering 1:1 support through school referrals, we also deliver a range of workshops designed to build confidence, understanding, and practical skills around children's mental health. This term, we are pleased to offer a selection of online workshops, open to all MHST schools in the Winchester area. These sessions are designed to be accessible, informative, and supportive for anyone wanting to better understand and help the children in their care.

Sign up to the Winchester MHST Online Parent Workshops





## BBC iPlayer for Kids

Children under the age of 13 can have their own iPlayer profile, which includes content from CBBC, CBeebies and other suitable BBC programmes.

You can download the iPlayer app and then find out how to create a profile here:

<https://www.bbc.co.uk/iplayer/help/questions/about-the-childrens-experience/iplayer-child-experience>

Going on a long journey? The BBC have also compiled a list of shows and films as well as games and quizzes to make the journey go quicker:

<https://www.bbc.co.uk/cbbc/watch/best-films-games-and-quizzes-to-keep-kids-entertained-on-long-journeys>



Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycls.org.uk/april-2026-primary/>

## Age ratings in games

**Age ratings exist to help protect your child as they show whether content is suitable for your child's age.** Make sure you check the age rating of any game your child is playing.

### Why should I check?

Not all games will be appropriate for your child. Some may appear child friendly due to fun or cartoon style graphics but still include unsuitable content. Age ratings consider factors such as violence, frightening content, bad language and/or in app purchases.



### How can I check?

Most games are rated by PEGI (Pan European Game Information), who not only state the age you should be to play the game but also provide further content descriptors to give you an indication of the type of content that your child might encounter. Apps are rated by the App store/Google Play.

### How can I stop my child from accessing a game they are not old enough to play?

You can set up **parental controls** to restrict access to games or apps that your child is not old enough to play and set restrictions so any downloads/purchases must be approved by you. For example:

- Nintendo – restrict software by age so if you restrict to 10+, games with that rating or above cannot be played by your child.
- Xbox / PlayStation – set an age limit so anything that exceeds that age rating must be approved.
- Apple / Google (Family Link) – restrict your child from installing apps, allowing you to review before approving all purchases.

### What else do I need to do?

- Review any additional content descriptors, read reviews and check if the game includes any form of communication or in app purchases. This will help inform your decision as to whether the game is suitable for your child.
- For any game your child plays, set up appropriate parental controls.
- If you decide a game is not appropriate, explain to your child why. We know your child might feel peer pressure to play certain games, but explaining your reasoning will help them understand your decision.

### Further information

- <https://www.ceopeducation.co.uk/parents/articles/gaming/>



# Fake or Real? Know the Deal

Essex Police have launched a groundbreaking AI Safety Campaign in partnership with BT and EE to tackle the growing risks posed by artificial intelligence (AI) misuse and deepfake technology. This is the first time a UK police force is working directly with a global technology firm to provide practical advice to parents, guardians and young people.

AI technology offers incredible opportunities, but it also introduces serious risks when misused. Deepfake content – highly convincing, fabricated images or videos – can be used to exploit young people, sometimes without their knowledge. Artificially generated Child Sexual Abuse Material (CSAM) is one of the fastest-emerging crimes Essex Police is actively investigating.

The campaign is designed to help you understand:

- What deepfakes are and why they matter
- How to protect children from online harm
- What to do if an image is misused

## Further information

Find out more here, including advice on how to protect your child:

<https://eephonesmart.co.uk/fake-or-real>

# What is the Manosphere?

Have you seen the new Netflix documentary 'Louis Theroux: Inside the Manosphere' in which Louis Theroux interviews several 'influencers' that promote extreme / disturbing ideologies online. It is a shocking watch but prompts the importance of ensuring our children are protected from this content. In essence, the manosphere is against the empowerment of women and certain people promote these views and other harmful misinformation online via social media etc.

## What should I do?

We need to develop critical thinking in our children and have age-appropriate conversations with them as explained in these two articles:

- <https://parents.actionforchildren.org.uk/feelings-behaviour/talking-about-feelings/talk-to-your-child-gender-equality/>
- <https://www.brook.org.uk/blog/4-ways-to-tackle-misogyny-among-young-people/>

## Further information

- <https://www.unwomen.org/en/articles/explainer/what-is-the-manosphere-and-why-should-we-care>

*Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.04.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites. Opinions, evidence, nor are we claiming any ownership.*

# How to set up parental controls on ChatGPT

Internet Matters have published an article detailing how you can link your own account to your child's account (they must be logged in) to set parental controls on ChatGPT.

You can read the article here:

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/chatgpt-parental-controls/>

# WhatsApp update: Parent-Managed Accounts

WhatsApp have announced that they are rolling out the option of Parent-Managed accounts for those under the age of 13. The settings will include allowing you to choose who can contact your child and ensuring only you can add them to groups. Find out more here:

<https://faq.whatsapp.com/894871699629864>

Whilst, these features could be useful, it is important to emphasise that just because the option now exists, WhatsApp may still not be an appropriate platform for your child to be on. We often receive reports of issues, particularly with group chats on WhatsApp. Wayne Denner (online safety trainer) explains more here: <https://www.waynedenner.com/whatsapp-parent-managed-accounts-what-parents-need-to-know/>

# AI and homework

AI can be a useful tool for helping children with homework both in understanding a topic and for research. However, please remember that it should not be used to complete tasks as this would constitute plagiarism.

# From **Hola** to **Hablando**: Spanish lessons for everyone



## Join our Spanish Club!

Did you know Spanish is in the TOP 3 most spoken languages?

### **Morning Spanish Club – Thursday**

Morning Spanish club at Swanmore Primary School is now open for bookings!

Please sign up using the link below to secure your child's place  
<https://pbbl.uk/4bYoPGQ>

Spaces are limited and will be allocated on a first come first served basis

Muchas gracias!

Any questions? Please find my contact details below

Pippa Chia - [spanish4kidshants@gmail.com](mailto:spanish4kidshants@gmail.com) 07971 213619

Find out more at [www.spanish4kids.co.uk](http://www.spanish4kids.co.uk)



Spanish4Kids

**AND ADULTS!**



## Swanmore Primary After School Tennis Club

Summer Term Tennis 2026  
**Monday 3.30-4.30pm**

Sign your children up to our award winning (Hampshire & IOW LTA Community Venue of the Year and Innovation Award) after school tennis club run by JEM Tennis, the area's premier tennis provider.

Our sessions are taken by two females LTA qualified and DBS checked coaches.

All abilities and fitness levels welcome.

As well as developing all tennis shots, the children will be learning vital skills such as ABCs (agility, balance, co-ordination) and hand to eye co-ordination, which will assist in any sport they play, all in a fun and relaxed environment! Pathways and progression opportunities into our award-winning tennis academy.

Open to years 2-6  
13<sup>th</sup> April - 18<sup>th</sup> May  
5 weeks course @ £27.50  
(Bank holiday on Monday 4<sup>th</sup> May)

Please book your child's place by 12<sup>th</sup> April

To book a place please email [colin@jemtennis.co.uk](mailto:colin@jemtennis.co.uk) and give the following details:

Child's name  
Year/class  
Parent/Guardian's name  
Emergency contact telephone number  
Email address  
Any medical conditions we should be aware of

Payment is online to:

JEM Tennis 60-20-45 45088616, please add "child's surname/Swanmore" as a reference

**In order to keep the children's safety paramount, we ask that you pick your child up promptly at 4.30pm. We would appreciate it if you could text Aurelie if your child will not be attending or if someone else is picking them up.**

For any enquiries please contact:

Colin Murphy 07801 422227

Aurelie Hemphill 07719 476192

[colin@jemtennis.co.uk](mailto:colin@jemtennis.co.uk) [www.jemtennis.co.uk](http://www.jemtennis.co.uk)

# Swanmore CE Primary School



Skoolkit will be holding a **10% discount week** in our [Fareham store](#) from **Monday 6<sup>th</sup> – Saturday 11<sup>th</sup> July**, where all items listed below will be subject to a **10% discount for this time only**.

## 2026 Price List

Daywear	Price
Sky Embroidered Polo Shirt	From £11.00
Electric Blue Embroidered Sweatshirt	From £12.50
Electric Blue Embroidered Sweatshirt Cardigan	From £15.50
Grey Trousers	From £10.99
Grey Skirt	From £10.25
Grey Pinafore	From £15.50
Royal Printed Bookbag	£8.50
Iron-On Name Tapes	x36 – £5.00/ x72 – £5.99

Summer Wear	Price
Blue Summer Dress	£13.99
Grey Daywear Shorts	From £10.99

PE Wear	Price
Sky Embroidered PE T-Shirt	From £6.50
Royal PE Shorts	From £5.50
Royal Embroidered PE Bag	£4.95

Prices are correct at the time of printing.  
For full size and pricing information, please refer to our website.

[fareham@skoolkit.co.uk](mailto:fareham@skoolkit.co.uk)

149, West Street, Fareham, PO16 0YA

### Opening Times

Mon - Fri 9:00 AM - 17:30 PM

Sat 9:00 AM - 17:00 PM

# Skoolkit

# Skoolkit

## Helpful tips for purchasing uniform during the summer holidays

- The first few weeks of the summer holidays are generally quieter in our shops and online.
- **If you are visiting our shops during the last two weeks of the summer holidays please expect to queue outside of the shop and allow more time for your visit.**
- Our shops will still need to close at the advertised closing times and we may have to cut the queue short to ensure we can serve the customers we already have in the shop. This also gives us the opportunity to replenish stock and prepare the shop for the following day.
- **If ordering online, please place your order by our advertised 'last order date' to ensure your garments arrive in time for 'back to school', we still dispatch orders placed after this date and will do our utmost to get them to you in time.**
- If ordering online remember to take advantage of our free online delivery code **SUMMER26** running from **25<sup>th</sup> July – 1<sup>st</sup> August**

Visit us at [www.skoolkit.co.uk](http://www.skoolkit.co.uk)

# FREE DELIVERY

**SATURDAY 25<sup>ST</sup> JULY -  
SATURDAY 1<sup>ST</sup> AUGUST**

**USE CODE: SUMMER26**

ONLINE ORDERS NEED TO BE PLACED BY

**FRIDAY 14<sup>TH</sup> AUGUST**

for guaranteed delivery before the start of  
the school year.

Skoolkit will do its utmost to deliver orders  
placed after this date before back to school.

Follow us on our



Instagram: @skoolkit.ltd



Facebook: @Skoolkit

**WWW.SKOOKIT.CO.UK**

# Holiday Activities

HAMPSHIRE  
**MUSIC**  
EDUCATION  
HUB



## Summer 2026 GET MUSICAL!

### Five Days of Musical Theatre Magic – Western Style!

The Rose Theatre, Barton Peveril College, Eastleigh

Mon 10 – Fri 14 August 2026

10:00am – 4:00pm

Performance Friday at 5:00pm

Suitable for Year 4 – Year 13

£185 (includes £30 non-refundable deposit), including lunch

Breakfast Club available each morning from 8:30am at a  
cost of £5 per day



*Saddle up for an unforgettable week of singing, dancing, and acting as we bring the Wild West to the stage! Learn iconic show tunes, master toe-tapping choreography, and perform a spectacular medley at the end of the week.*



[Click here for the sign up form](#)

★ *Whether you're a seasoned performer or trying musical theatre for the first time, this is your chance to shine!* ★

### For more information

 [music.service@hants.gov.uk](mailto:music.service@hants.gov.uk)

 [hantsmusichub.org.uk/holidayactivities](https://hantsmusichub.org.uk/holidayactivities)

**SAVE THE DATE – MORE INFORMATION TO FOLLOW**

***Our Rock 2 the Beat and Music Production enrichment days will run on  
Monday 10th and Tuesday 11th August 2026.***

# Anxiety

## Understanding & strategies to support young people

Tickets £20  
Tea and  
coffee  
included

The day will provide an overview of the anxiety parent-led intervention we deliver for children and young people in CAMHS.

It is an opportunity for interaction and activities which will give psychoeducation and normalising of anxiety.

There will be chances to learn and practice strategies we teach parents in the intervention.



**28 January 2026**

The Irish Centre,  
Council Road,  
Basingstoke, RG21 3DH

**11 November 2026**

The Pallant Centre,  
The Pallant,  
Havant, PO9 1BE



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>



# UNDERSTANDING ADHD



Tickets £20  
Tea and  
coffee  
included

A day that focuses on skills and strategies, for parents, carers and professionals supporting a child with ADHD. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.



Understanding your child with ADHD, support, strategies and tips. Led by the Hampshire CAMHS ADHD team.

Support for SEN in education & what to do if it's not working. Led by Gayle Moir, SENDIASS Services Manager.

ADHD nervous system differences, sensory systems, emotional regulation, stress response, attention regulation, and executive functioning, Led by Courtney Freedman-Thompson-coach and wellbeing facilitator and lived experience.

**5 March 2026**

Junction Church,  
2 Romsey Road,  
Eastleigh SO50 9FE

**16 Sept 2026**

The Pallant Centre,  
Havant, PO9 1BE

**3 November 2026**

Andover Baptist Church,  
Charlton Road, Andover  
SP10 3JH

For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>



# HOW TO COPE WHEN YOUR CHILD CANT

**Tickets £25**  
Tea, coffee  
and lunch  
included

Three one-day events focused on parents/carers understanding their own needs, and learning strategies to look after themselves as they support a young person with their own mental health needs.

Each morning session will focus on different topics - further details can be found on our website.

The afternoon session will focus on How to Feel Better as a Parent in Burnout.

**For more information and to book a place go to:**  
<https://hampshirecamhs.nhs.uk/events/>

**Thursday, 22 January 2026**  
9:30am - 3:15pm

**St Peters Church Centre,  
Jewry St, Winchester  
SO23 8RY**

**Friday, 15 May 2026**  
9:30am - 3:15pm

**The Hilt, Hiltingbury Road,  
Chandlers Ford, Eastleigh  
SO53 5NP**

**Wed, 30 September 2026**  
9:30am - 3:15pm

**The Irish Centre, Council Road,  
Basingstoke, RG21 3DH**

Some events have a small charge to allow us to cover costs, some discretionary free tickets are available

# EMBRACING AUTISM

**Tickets £20**  
Tea and  
coffee  
included

A day that focuses on skills and strategies, for parents, carers and professionals supporting a child with Autism.

Topics include:

- Supporting your autistic child to thrive - adapting to meet the needs of the autistic young person and practical strategies.
- Support for SEN in education & what to do if it's not working.
- Supporting Young People to Make Sense of their Experiences - empowering young people and putting them at the centre of their experience.

Discretionary tickets available to families on request.

**4 February 2026**

The Pallant Centre,  
Havant, Hampshire  
PO9 1BE

**9 July 2026**

Junction Church,  
2 Romsey Road,  
Eastleigh, SO50 9FE

**17 November 2026**

Andover Community Church  
Charlton Road, Andover  
SP10 3JH

For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>

