

Minstead 2024



Swanmore Primary School Year 4



Health and Safety



- Minstead is a Hampshire County Council owned and run Centre, with activities lead by experienced teachers
- Activities will be modified/changed depending on the conditions
- All pre-visits and risk assessments have been completed
- Staff are first aid trained and have open country leader certificates
- Children will be accompanied by known staff
- Awareness of ticks in the New Forest
- Excellent behaviour is expected and expectations are made clear to the children



Medical Information



- It is vital that the information provided on forms is accurate and up to date.
- If you wish any tablets or medicines to be administered please could you make sure the instructions are clear and labelled. **Please give medicines to the nominated adult on the morning of departure.**
- Calpol or similar pain killers can be sent if thought to be necessary. These must be labelled.
- If we have any concerns we will ring home to ask your advice.
- Please make sure your contact numbers are correct.
- Please let us know of any potential bed wetting.

CODE OF BEHAVIOUR

I have a responsibility to keep myself and others safe.

I will follow instructions given by teachers and adults promptly and accurately.

I will act and speak appropriately, and with respect, to all adults around me at all times.

I will respect all my peers.

I will dress and prepare my day bag appropriately for the day's activities.

I will comply with all safety rules for an activity and for safe evacuation of accommodation if necessary.

I will not go into areas that are 'out of bounds'.

I will be punctual and make sure I do not keep others waiting.

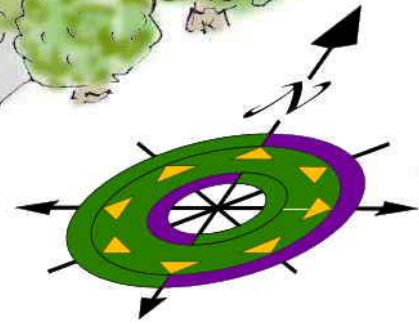
I will not go into the other dormitory.

I will follow bedtime instructions.

Activities

Main aims: Environmental awareness, sustainability, introduction to the Amazon rainforest project.

- New Forest adventure
- Food and farming (sheep, garden, felt planets)
- Den building and woodland games
- New names – badges
- Orienteering – the map of mystery, Mizmaze
- Nature connection activities
- Camp fire
- Round house stories



*Minstead Study Centre
Map of Mystery*

Accommodation

- Fabulous building
- Shared lounge for meeting in
- One dormitory for the girls and one for the boys each with showers and toilets.
- Adults are in adjacent rooms.





Independence



Children will be encouraged to:

- help pack their own case at home so they are aware of the things they have brought with them
- unpack and organise their belongings
- keep their belongings tidy throughout their stay (laundry bag/plastic bag – dirty/worn clothing)
- get washed, dressed and organised for an activity independently
- be able to make their bed
- Make their own sandwich/lunch

Food

- Food is excellent
- Much is grown on site, honey from bees, jams made from fruits, salad etc.
- Please make sure you have informed the office of dietary requirements.
- No sweets or extra food in packing.



- SLEEP!





Equipment



- List of clothing to take has already been distributed – reminder will follow

Some key points:

- Check everything fits (especially wellies!)
- Labelling (including the inside of wellies!)
- Waterproof trousers and coat
- Long trousers and sleeves (ticks)
- Layers, hats, gloves, scarves
- Named laundry bag (plastic bag)



Equipment



Also remember:

- Day rucksack – not thin straps
- Socks suitable for wellies
- Teddy or something similar if needed (not too big)
- No mobile phones, gadgets etc...
- Book and card game e.g., Top Trumps
- Water bottle (named)

Departure and Return

- The bags should be taken to the classroom at the start of the day and any medicines given to the class teacher.
- We will leave at approximately 9.30am on Monday/Wednesday.
- We will return approx 2.15 pm on Wednesday/Friday. Another adult can collect the child but the class teacher needs to be informed if this is the case.

Magical Minstead 2024



Question Time!