We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.







All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.

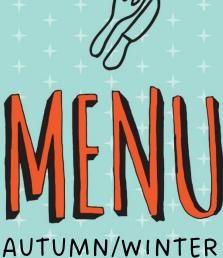


SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



2023-24

Red



edwards and ward

Lentil & Mushroom Keema Curry with Rice (Ve) Jacket Potato with a Choice of Filling

> Rainbow Veg Scoop of Vanilla Ice Cream (V)

Vegetable Lasagne (V) or

Chicken Paella (Wg) or Margherita Pizza with Jacket Wedges (V) Jacket Potato with a Choice of Filling Sweetcorn, Green Beans Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or

Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)

> Jacket Potato with a Choice of Filling Cauliflower, Carrot Batons Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato Sauce (Wg)

or Penne with Classic Tomato Sauce (Ve)(Wg) Jacket Potato with a Choice of Filling Cabbage, Garden Peas Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips or Vegeball Marinara Sub with Chips (V) Jacket Potato with a Choice of Filling Baked Beans, Garden Peas Chocolate Shortbread (Ve)

Pizza Mac & Cheese (V) or Mild Sweet Potato & Chickpea Curry with Rice (Ve) Jacket Potato with a Choice of Filling

Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg) or Margherita Pizza with Jacket Wedges (V) Jacket Potato with a Choice of Filling Sweetcorn, Green Beans

Peach & Pineapple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Veggie Sausage Toad in the Hole with Roasties & Gravy (V)

Jacket Potato with a Choice of Filling Cabbage, Sliced Carrot Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg) or Penne with Beany Bolognese (Ve)(Wg) Jacket Potato with a Choice of Filling Swede, Shredded Carrots Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips or Garden Vegetable Goujons with Chips (Ve) Jacket Potato with a Choice of Filling Baked Beans, Garden Peas Iced Shortbread (Ve)

30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24

Mac & Cheese (V) or Mixed Bean Chilli with Rice (Ve)(Wa) Jacket Potato with a Choice of Filling Rainbow Veg

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Scoop of Vanilla Ice Cream (V)

Mild & Sweet Chicken Curry with Rice (Wg) or Margherita Pizza with Jacket Wedges (V) Jacket Potato with a Choice of Filling Sweetcorn & Peppers, Cauliflower

Apple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Chickpea & Veggie Puff with Roasties (Ve) Jacket Potato with a Choice of Filling Broccoli, Sliced Carrot Strawberry Jelly & Peaches (Ve)

Tuna & Pea Pesto Pasta (Wg) or Penne with Tomato Super Sauce (Ve) Jacket Potato with a Choice of Filling Green Beans, Swede Chocolate Mousse with Pears (V)

Fish Fingers or Salmon Fish Fingers with Chips or Falafel Wrap with Mint Yoghurt & Chips (V) Jacket Potato with a Choice of Filling Baked Beans, Garden Peas Flapjack (Ve)

6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24



