


Physical Education					
Vision and approach for Physical Education PE at Swanmore encourages success, fun and inclusivity, promoting, lifelong, healthy, physical and mental wellbeing through sport. This encompasses our lessons, wider planned interventions, offsite learning and residential experiences. We are passionate about providing opportunities for our children to succeed together and experience friendly competition, encouraging our children to grow in confidence at every occasion.		Key Concepts <div>ExpressionCommunication</div> <div>Team workCompetition</div> <div>Health and fitnessSporting prowess</div> <div>FairnessEnthusiasm</div> <div>EvaluationPerformance</div>		Content and Sequencing There is a focus on nine key areas that allow our children to make continued progress throughout their sporting lives at Swanmore. Our aim is that through this positive, competitive approach, we can help build the foundations, which enables our pupils to develop a lifelong passion and confidence in sport. Learning is sequenced so that knowledge is built upon each year e.g. In Year 1 pupils copy, repeat and explore simple skills and actions with basic control and co-ordination. In Year 3 pupils explore simple skills. They copy, remember, repeat and explore simple action with control and co-ordination. In Year 5 pupils link skills, techniques and ideas and apply them accurately and appropriately.	
Curriculum Drivers					
Experiential	Curiosity	Independence	Resilience	Rich in language	Community
We strive for children to want to engage in Physical education because it enables children to understand how to develop and maintain a healthy lifestyle. We teach them that there are many reasons to engage in physical activity; health and fitness, competition, to develop your sporting prowess, to participate in team activities, individual challenge and enjoyment.	Physical Education enables positive relationships with others and roots the value of respect in their own understanding. It also provides them with an understanding about what impact physical activity can have on their body and lifestyle.	Physical education concepts and challenges develop positive attributes so children persevere. We strive for the children to develop an intrinsic drive and use that reflection to become the best they can be.	Whilst Physical education has a focus on team sports, games and competition, it encourages questioning and evaluation of individual performances to make improvements. Through festivals and competition, children have the opportunity to develop individual skills.	The quality and variety of language heard and spoken are key factors in developing a broad and detailed knowledge and exploration of physical education. They will be able to use specific names for moves and processes as they begin to master different skills and techniques. They will be able to clearly communicate these ideas with others in a precise way.	Physical education helps children develop the ability to communicate and collaborate with others. This enables positive relationships with others and roots the value of fairness in their own understanding. It also provides them with an understanding about what impact physical activity can have on their body and lifestyle.
Links with Mathematics and English		Progressive		Inclusive	
<div>Opportunities to apply their English skills:</div> <div><div>➤</div>Written evaluations of performance</div> <div><div>➤</div>Biographies about athletes</div> <div><div>➤</div>Sport and fitness presentations</div> <div><div>➤</div>Information texts on sports, health and fitness or sporting events</div> <div>Opportunities to apply their Mathematics skills:</div> <div><div>➤</div>Data collection and analysis</div> <div><div>➤</div>Rounding, averages</div> <div><div>➤</div>Directional language</div> <div><div>➤</div>Shape exploration</div>		<div><div>➤</div>Evidence of the physical development and acquisition of knowledge and skills appropriate to their year group.</div> <div><div>➤</div>Children can talk confidently, using the technical vocabulary appropriate to their year group, about sport they have watched and participated in.</div> <div><div>➤</div>Evidence of children applying their understanding after the unit of learning by applying the knowledge and skills gained to other areas of sport and games.</div>		<div><div>➤</div>Task varied to support children to access the task.  Learning is challenging.</div> <div><div>➤</div>Children’s starting point is identified using assessment tools and teaching builds on prior knowledge.</div> <div><div>➤</div>The curriculum is extremely practical to engage all.</div> <div><div>➤</div>The outside environment and a variety of sporting and exercise equipment is used to aid skills progression.</div>	