Home-Start Hampshire

The Wickham Centre, Mill Lane, Wickham, PO17 5AL Tel: 01329 835936

Email: meon.valley@hshants.org.uk Open Mon-Thu 9:00am to 1:00pm Website: www.home-starthampshire.org.uk



We assist families who have young children at home with practical and emotional support in the form of a trained, DBS checked, volunteer. The volunteer visits once a week to help guide families through a tough time, assist with twins or triplets, listen to worries and troubles and help them find practical solutions, and/or help with routine/boundary setting. These are just a few examples of how we can help. This support is free of charge to the family. All our volunteers are parents themselves or have parenting experience, this is vital as families are helped by someone who understands the issues. We know bringing up a family can sometimes be extremely difficult. We are here to help!

If you

- know of a family who need help—don't hesitate to contact us. Self referrals are welcome
- are a Healthcare professional (GP, Health Visitor) or work in a nursery or school—get in touch. You can refer a family to us (with their permission, of course)
- have time on your hands and would like to help us with office admin, updating our Facebook site, fundraising or are thinking of becoming a Trustee—again, get in touch. You have skills we can use!

We work in the Meon Valley area and beyond. Our areas include Knowle, Whiteley, Denmead, Wickham, Bishops Waltham, Corhampton, Meonstoke and Swanmore. We also have offices in other areas of Hampshire.

Supported by



Home-Start Hampshire is a registered charity: number 1144661 Registered office: Rushmoor Borough Council Offices, Farnborough Road, Farnborough, Hants, GU14 7IU Local Patron: The Hon. Mrs Virginia Lovell