

Enquiries to Jo Lockhart

Direct line 02380 383311

Date 25th August 2017

E-mail Jo.lockhart@hants.gov.uk

Dear Parent/Carer,

Measuring height and weight of children in school.

Every year in England, children in Reception Year and Year 6 have their height and weight measured as part of the National Child Measurement Programme. The Public Health School Nursing Service delivers this programme across Hampshire, with measurements supervised by trained Public Health staff.

It is helpful to have a good understanding of how children are growing so that the best possible advice and support can be provided for them and their families. Helping children to achieve a healthy weight is both a national and local priority and weighing and measuring can help to identify where additional support could be helpful to families.

Measurements are completed in a private area away from other pupils. Your child will remain fully dressed but asked to remove their shoes. Children will not be made to participate if they do not wish to. Routine data such as your child's name, sex, address, postcode, ethnicity, and date of birth will also be collected and will be recorded on your child's health record. Your child's height and weight measurement will not be given to any school staff or any other children. Anonymised data will be used within the local authority and NHS to help us plan the provision of advice and support for children and families in your area and this will also be submitted for national analysis and publication. All information and results will be treated confidentially.

The enclosed Change for Life Leaflet provides more information about the programme and tips for families on healthy life styles. After the measurement your child's results will be sent to you within 6 weeks, along with general advice on healthy eating and being active. If you have concerns about your child's weight or

Director of Adults' Health and Care
Graham Allen

Chief Executive
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any questions about the programme you are encouraged to contact your Public Health School Nursing Service for advice and support.

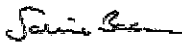
More information about these services can be found at:

<http://www.southernhealth.nhs.uk/services/childrens-services/school-nursing>

Opting your child out of the programme.

If you do not wish your child to take part, **please let us know by writing a letter to the Head Teacher** within 2 weeks of receiving this letter. If you are happy for your child to be weighed and measured you do not need to do anything.

Yours sincerely,



Dr Sallie Bacon
Director of Public Health
Hampshire County Council



Steve Crocker
Director of Children's Services
Hampshire County Council

Director of Adults' Health and Care
Graham Allen

Chief Executive
John Coughlan CBE