

12<sup>th</sup> November 2008

Dear Parents

As part of the PE curriculum Year 3 will receive a programme of 8 swimming lessons. This is to help meet the National Curriculum requirement for each child which is to be able to swim 25m competently and safely, using efficient swimming strokes.

This year's swimming programme is being delivered by Mrs Doran and two swimming teachers from the Bishops Waltham Junior School Swimming Association, Lynne Bate and Amanda Bridgland. Visits to Bishops Waltham Junior School's Swimming Pool (formerly known as Ridgemedes) will take place on Tuesday and Wednesday afternoons - the dates are below. On each visit the coach will leave school at 12.55 and return at 2.35pm.

Mrs Doran's class will go swimming on:

Tuesday, 20<sup>th</sup> January  
Wednesday, 21<sup>st</sup> January

Tuesday, 27<sup>th</sup> January  
Wednesday, 28<sup>th</sup> January

Tuesday, 3<sup>rd</sup> February  
Wednesday, 4<sup>th</sup> February

Tuesday, 10<sup>th</sup> February  
Wednesday, 11<sup>th</sup> February

Mrs Mundy's class will go swimming on:

Tuesday, 24<sup>th</sup> February  
Wednesday, 25<sup>th</sup> February

Tuesday, 3<sup>rd</sup> March  
Wednesday, 4<sup>th</sup> March

Tuesday, 10<sup>th</sup> March  
Wednesday, 11<sup>th</sup> March

Tuesday, 17<sup>th</sup> March  
Wednesday, 18<sup>th</sup> March

These swimming sessions aim to develop the children's water confidence, swimming ability and stroke style.

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There are three conditions of which you should be aware for use of the pool:

1. Children are unable to swim with an uncovered verruca. The soles of their feet are checked before they enter the water and any child suspected of having a verruca is asked to get their parent to have it checked and treated by their GP or local chemist. In our view covering the verruca with a verruca sock is sufficient. The verruca sock can be purchased from Bishops Waltham Juniors' School Office, price £1.30 each
2. All users of the pool must wear a swimming hat. This stops hairs getting into the filtration system and causing problems. Hats are available for purchase from Bishops Waltham Junior's School Office, priced either £1.50 or £3.50.
3. Children are not permitted to wear earrings in the swimming pool so we ask that you remove them before school on Tuesdays and Wednesdays. The children often find it difficult to remove their earrings themselves.

We would be very grateful for some parental help with supervision during the sessions. If you feel that you are able to help please contact Mrs Doran or Mrs Mundy as appropriate.

Yours sincerely

Andy Yeoman  
Headteacher