

Flapjacks

180g butter

180g granulated sugar

360g oats

2 tablespoons golden syrup

1. Melt butter, sugar and syrup over a low heat
2. Add oats and stir well
3. Place in a greased baking tray
4. Bake for 20 minutes at 150 degrees Celsius or gas mark 2
5. Cut up when warm (not hot or cold)